



### Resource Guide

Southern Maine Parent Awareness • 5 Dunaway Dr. Sanford, ME 04073 • 1-207-324-2337 • [support@somepa.org](mailto:support@somepa.org)

Advocacy and Legal Rights	Website	Phone
Disability Rights Center of Maine	<a href="http://www.drme.org">www.drme.org</a>	800.452.1948
Developmental Disabilities Council	<a href="http://www.maineddc.org">www.maineddc.org</a>	800.244.3990
Kids Legal Aid of Maine	<a href="http://www.kidslegal.org">www.kidslegal.org</a>	866.624.7787
Wrights Law	<a href="http://www.wrightslaw.com">www.wrightslaw.com</a>	
Maine Children's Alliance	<a href="http://www.mekids.org">www.mekids.org</a>	207.623.1863
Maine Volunteer Lawyers Project	<a href="http://www.vlp.org">www.vlp.org</a>	207.442.4293

Assistive Technology	Website	Phone
ALLTECH (Spurwink)	<a href="http://www.alltech-tsi.org">www.alltech-tsi.org</a>	Portland: 207.871.1200 Bangor: 207.947.9180
Pine Tree Society	<a href="http://www.pinetreesociety.org">www.pinetreesociety.org</a>	207.432.3341
Maine Cite Coordinating Center	<a href="http://www.mainecite.org">www.mainecite.org</a>	207.621.3195
Alpha One M Power Loan Program	<a href="http://www.alphaonenow.com">www.alphaonenow.com</a>	So. Portland: 800.640.7200 Bangor: 800.300.6016 Presque Isle: 800.974.6466

ADHD	Website	Phone
CHADD (Children & Adults with ADD)	<a href="http://www.chadd.org">www.chadd.org</a>	

Autism	Website	Phone
Autism Society of Maine	<a href="http://www.asmonline.org">www.asmonline.org</a>	800.273.5200
Asperger's Association of New England	<a href="http://www.aane.org">www.aane.org</a>	866.597.AANE

Blindness and Visual Impairment	Website	Phone
American Council of the Blind	<a href="http://www.acb.org">www.acb.org</a>	800.424.8666
Education Services for Blind & Visually Impaired Children	<a href="http://www.ccmaine.org">www.ccmaine.org</a>	800.781.8550
<b>Impaired Children</b> The Iris Network Maine Bureau of Rehabilitation Services	<a href="http://theiris.org">theiris.org</a> <a href="http://www.maine.gov/rehab">www.maine.gov/rehab</a>	207.774.6273 800.698.4440 TTY 800.755.0023

Brain and Injury Disorders	Website	Phone
Brain Injury Association of USA	<a href="http://www.biausa.org">www.biausa.org</a>	703.761.0750
National Brain Injury Information Center		800.444.6443

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Cerebral Palsy	Website	Phone
United Cerebral Palsy of Northeastern Maine	<a href="http://www.ucpofmaine.org">www.ucpofmaine.org</a>	Bangor: 207.941.2952

Child Abuse and Neglect	Website	Phone
Caring Unlimited	<a href="http://www.caring-unlimited.org">www.caring-unlimited.org</a>	Sanford: 207.490.3227 800.239.7298
Child Abuse Prevention Council York County	<a href="http://www.kidsfreetogrow.org">www.kidsfreetogrow.org</a>	207.985.5975
Maine Department of Health and Human Services	<a href="http://www.maine.gov/dhhs">www.maine.gov/dhhs</a>	Biddeford: 800.322.1919 Portland: 800.482.7520 Sanford: 800.482.0790

Child Care	Website	Phone
Day Care Center Site	<a href="http://www.daycarecentersite.com">www.daycarecentersite.com</a>	
Southern Maine Respite Program	<a href="http://www.woodfords.org">www.woodfords.org</a>	800.439.0314

Deafness and Hearing Impairment	Website	Phone
Governor Baxter School for the Deaf	<a href="http://www.mecdhh.org">www.mecdhh.org</a>	207.781.3165
Maine Center on Deafness	<a href="http://www.mcdmaine.org">www.mcdmaine.org</a>	207.797.7656
Maine Division of Deafness	<a href="http://www.maine.gov/rehab/dod/index.shtml">www.maine.gov/rehab/dod/index.shtml</a>	TTY 207.623.7998
Maine Behavioral Healthcare (Community Counseling Center)	<a href="http://www.maine.gov/rehab/dod/resource_guide/clinical.shtml">www.maine.gov/rehab/dod/resource_guide/clinical.shtml</a>	207.874.1030 TTY 207.874.1043
Disability Rights Maine- Deaf Services		TTY 800.639.3884
Hear ME Now	<a href="http://hear-me-now.org">hear-me-now.org</a>	207.781.7199

Developmental Disabilities	Website	Phone
Maine Department of Health and Human Services	<a href="http://www.maine.gov/dhhs">www.maine.gov/dhhs</a>	Biddeford: 800.322.1919 Portland: 800.482.7520 Sanford: 800.482.0790
Center for Parent Information and Resources (CPIR)	<a href="http://www.parentcenterhub.org">www.parentcenterhub.org</a>	

Down Syndrome	Website	Phone
National Down Syndrome Society	<a href="http://www.ndss.org">www.ndss.org</a>	800.221.4602
Maine Down Syndrome Network	<a href="http://www.downsyndromemaine.org">www.downsyndromemaine.org</a>	866.571.2223

Grieving	Website	Phone
Center for Grieving Children	<a href="http://www.cgcmaine.org">www.cgcmaine.org</a>	207.774.5216

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Learning Disabilities	Website	Phone
Learning Disabilities of Association of Maine	<a href="http://www.ldame.org">www.ldame.org</a>	877.208.4029

Mental Health	Website	Phone
National Alliance for the Mentally Ill in Maine (NAMI-ME)	<a href="http://www.nami.org">www.nami.org</a>	800.464.5767
Maine DHHS, Services for Children with Special Needs	<a href="http://www.maine.gov/dhhs">www.maine.gov/dhhs</a>	Region 1 800.588.5511 207.822.2000

Parent Organization	Website	Phone
Gaining Empowerment Allows Results (G.E.A.R.)	<a href="http://www.gearparentnetwork.org">www.gearparentnetwork.org</a>	800.264.9224
Maine Parent Federation	<a href="http://www.startingpointsforme.org">www.startingpointsforme.org</a>	800.870.7746
Southern Maine Parent Awareness	<a href="http://www.somepa.org">www.somepa.org</a>	207.324.2337

Parenting Workshops/Resources	Website	Phone
Maine Kids-Kin	<a href="http://www.familiesandchildren.org/maine-kids-kin.html">http://www.familiesandchildren.org/maine-kids-kin.html</a>	866.298.0898
Understood	<a href="http://www.understood.org">www.understood.org</a>	
Child Mind Institute	<a href="http://www.childmind.org">www.childmind.org</a>	

Special Education	Website	Phone
Child Developmental Services (CDS)	<a href="http://www.maine.gov/doe/cds/">http://www.maine.gov/doe/cds/</a>	877.770.8883 York: 207.985.7861
Head Start	<a href="http://www.maine.gov/dhhs/ocfs/ec/occhs/headstart.htm">http://www.maine.gov/dhhs/ocfs/ec/occhs/headstart.htm</a>	207.324.5762.2963 207.287.5060
Maine Administrators for Services of Children Disabilities (MADSEC)	<a href="http://www.madsec.org">www.madsec.org</a>	207.626.3380
Maine Department of Education-Special Services	<a href="http://www.maine.gov/doe/specialed/">http://www.maine.gov/doe/specialed/</a>	207.624.6600 TTY: 1-888-577-6690

Sports and Recreation	Website	Phone
Maine Adaptive Sports & Recreation	<a href="http://www.maineadaptive.org">www.maineadaptive.org</a>	800.639.7770
Special Olympics of Maine	<a href="http://www.somaine.org">www.somaine.org</a>	207.879.0489
Therapeutic Horse Back Riding	<a href="http://www.pathintl.org">www.pathintl.org</a>	207.369.7433

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Substance Abuse	Website	Phone
Day One	<a href="http://www.day-one.org">www.day-one.org</a>	207.874.1045 So. Portland: 207.874.1045 ext.115
Maine Office of Substance Abuse	<a href="http://www.maine.gov/dhhs/samhs/osa">www.maine.gov/dhhs/samhs/osa</a>	207.287.2595 Maine Relay 711

Suicide Prevention	Website	Phone
Maine Youth Suicide Prevention Program	<a href="http://www.maine.gov/suicide">www.maine.gov/suicide</a>	Crisis Hotline : 888.568.1112

Transition	Website	Phone
Alpha One	<a href="http://www.alphaonenow.com">www.alphaonenow.com</a>	800.640.7200
Maine Division of Vocational Rehabilitation	<a href="http://www.maine.gov/rehab">www.maine.gov/rehab</a>	Portland: 822-3300
Portland Career Center		771.5627 877.594.5627

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