Through the Seasons

Well, it seems like summer came and went in the blink of an eye, and now it is time for raking leaves and making final preparations for winter. Over the past few months though, we have had one leg in summer and the other in fall. Throughout all of our programs, summer is a time for community outings, cook-outs, birthdays, baseball games, volunteering, and of course, shopping and visiting friends.

With September, it’s time for fairs, apple-picking, and day trips all over the state. Through the generosity of PATCO construction and their skilled metal building crew, a brand-new playground structure with multiple action centers and climbing platforms was installed at the Fraser-Ford Child Development Center. At Life Works, members of the Adventure Program scaled to the top of the Climbing Tower and backpacked their way up some mountains in Acadia National...
barbecue held down at Camp. Over 220 staff and family members attended this year’s event and got to enjoy games, kayaking, boat rides around the lake, music, and a tasty barbecue. In addition, dozens of staff were recognized for their service and longevity.
At the end of September, we held our 7th annual Tee Up and Drive Golf Tournament for our Special Olympian athletes. Four of our athletes were on hand to send the golfers off and thank them for their support. Except for one brief shower, the rain held off and the 18 teams completed the course just in time for a hearty lunch.
This year’s event was a great success and the funds from the tournament will help ensure that our athletes are able to attend and participate in the annual Special Olympics games.
Happenings

Each year in October we have our Annual Fund Drive. Other than the Telethon, this is the one time a year that we reach out to supporters and ask them to help us fulfill our mission. Many thanks to all of you who continue to find a way to contribute and make our work possible.

By the time you read this, Maine will have a new Governor and new elected officials in both state and federal offices. This is an important time for all of us and the challenges faced by our elected representatives are daunting. Yet, in spite of those challenges, there continues to be tremendous opportunity to continue forging a society where there is economic prosperity, social fairness, and the recognition of the ability that people have.

As we get ready to enjoy the upcoming holiday season, I am encouraged by all the possibilities that there are and by the ongoing generosity and support that each of you demonstrate. I am exceptionally grateful for your continued efforts and wish each and every one of you a happy and healthy holiday season.

Neal Meltzer, Executive Director
Fraser-Ford Child

We have had a busy start to our school year this fall! We have welcomed many new students and families into the center.

One of the most exciting things at the center this fall is that we have a new playground behind the Autism Therapy Wing! The new play structure has two slides, monkey bars, and two climbing structures. There is also a new swing set. Students have been enjoying playing on the new play structure in this warm fall weather. Many of the students thought it was hilarious when Neal and Gervaise went down the slides at the opening of the playground!! Thank you to everyone that made this playground
Development Center

possible, especially volunteers from PATCO who did the installation.

This year we are excited to offer a new program here the center. Our 2:1 Ration RISE Classroom has been combined with our Daycare program into an Inclusion Classroom. We are excited for the social and educational opportunities that combining these two programs have created.

The FFCDC is full of student’s fall art work! In the classrooms and in the hallway bulletin boards, classrooms have proudly displayed pumpkins, leaves, and apples made by students. During these activities, students work on cutting, following directions, and fine motor skills.

We are looking forward to the upcoming events of the Sanford Fire Department visit for fire safety month and our annual Halloween Campus Parade!

Sarah Mehlhorn, Director
As all of us try to do each season, we made the most of the beautiful summer/fall weather and tapped into wonderful community events, took advantage of community athletic courts/fields, and created many of our own enriching, fun activities. Members saw the spectacular Ski Show at #1 pond, attended a winning Sea Dogs game, enjoyed pier fries at OOB, and had fun at the Acton Fair and enjoyed a picnic, cookout and games at Yesterday’s Memories. Our community courts also got some use by us playing tennis, basketball, whiffle ball and Par 3 golf. We also have a regular group of archery enthusiasts honing their skills at Black Sheep Archery. The Culinary Garden flourished and had an abundance of tomatoes which have been made into sauce and frozen for future meals.

Speaking Up For Us (SUFU) members had a goal to collect 100 pairs of socks for the local Backpack program and recently celebrated exceeding their goal by donating 289 pairs of socks! This great group of advocates inspire others to support community initiatives to help individuals, families and animals in need!

The volunteer group at the Anchor Senior Center have been enjoying the company of the resident’s and have learned one of their new friends, Arvilla had previously worked for WABAN as a cook at the summer camp. They have enjoyed reminiscing and sharing new stories!

Adventure’s Backpacking and Camping group made a final trip during the summer months with a 3 day camping trip to Acadia National Park. While on the trip, members worked on developing their outdoor living skills through fire building, campfire cooking, and

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navigation activities. The group hiked to the summit of the Beehive and Kebo Mountain as well as several other nature trails in the park. Some highlights included exploring tidal pools, watching the sunrise on top of Cadillac Mountain, and seeing seals on the nature cruise. Adventure Group member Briana stated, “I have always wanted to go to Acadia National Park and I am so happy I got to go on this trip.”

The other Adventure Group members have been busy as well enjoying the last bit of summer. Some favorite activities included the Howe and Howe’s Outdoors Again open house, archery, outdoor cooking workshop and camp games at the TREE Center.

Many adventure group members were happy to achieve their goals before the weather turned cold including members of the climbing group. Amy climbed to the top of the 45-foot climbing tower and rappelled herself back down to the ground. This is a task that takes great determination and strength! Other members were happy to complete goals such as paddling across Baumeag Beg Lake, baiting their own hook, and hiking to the summit of Mount Agamenticus.

We are proud to report that our new garden located at the TREE Center had a fruitful season. Members enjoyed watching tomatoes, strawberries, radishes, cucumbers, and hot peppers grow. Some of the food harvested from the garden was cooked and prepared with the meals on the Acadia camping trip.

WABAN Works had the pleasure of celebrating with Rosy her Employee Recognition of 30 years of employment with Southern Maine Health Care! Way to go Rosy!

Until next time, be safe and be well,
Melissa Hall, Life Works Director

Visit us on Facebook
Morrells Mills

Steven has been enjoying the summer with outings in the community, shopping, eating ice cream, and going to McDonald’s where he has his favorite meal. He also enjoyed sitting out on the screened porch with housemates and staff while listening to his music, and finished up the summer with going to the Acton fair and apple picking. As Steven would say “Big Shame” as summer ends.

Matthew recently moved to Morrells Mill in August. He has settled in well and likes trying to scare staff and being a joker. He enjoys listening to music and watching movies. Matthew went apple picking and made homemade applesauce and has enjoyed decorating the house for Halloween.

Karen has been enjoying her outings into the community by going to the park, shopping, and to get ice cream. She likes taking nature walks, sitting out on the porch, going to music festivals, eating cotton candy, and playing with goats at the Acton fair.

Christopher enjoyed his summer with outings to get ice cream and his community time with staff getting coffee at Dunkin Donuts. He has enjoyed spending time outside in the porch, growing vegetables in the garden and went for a river walk with his program. As Christopher would say “Go Sox”.

Rebecce Wheeler
Home Administrator
Day St. Apts.

The gentleman at Day Street Apartment had a fun-filled summer and are looking forward to the fall holidays. So much so that Chris and Jason decorated the apartment for Halloween before fall officially started. They are also looking forward to the Halloween Dance at the Wormwood Center.

Chris stays busy during his days at Life Works. He is an avid and accomplished bowler who happily shows off his score card after he bowls with family and friends. Over the summer, Chris went to York's Wild Kingdom and had a lot of fun – especially on the carousel! Chris likes attending the football games at the local high school and greatly enjoyed their Homecoming Parade and game. (Go Rams!). Chris is also looking forward to attending Maine Mariners ice hockey games this season.

Jason enjoys his job at Dunkin' Donuts as well as their Spiced Iced Coffee. When Jason isn’t working or attending his day programs he likes to stay active by going to the gym to exercise and swim or just to take walks downtown. Jason is very excited to add another day to his Life Works schedule and join their Adventure Program. Over the summer Jason went to the beach as much as he could and spent a fun day at SplashTown. He also planned and enjoyed a day adventure to Peaks Island. Next year he wants to include a walk through the dark, scary tunnel at Battery Steele while he is there.

Both Chris and Jason are looking forward to the holiday season and visits with friends and family and attending seasonal community events!

Spencer Reed
Home Administrator

Visit us on Facebook
Golf Tournament
Country Club Road

Fall is here at 142 Country Club Rd, and as always winter is coming, but the guys and gal here are not ready for hibernation quite yet! Chris has been quite the staple on the Waban Facebook page for his love of rock climbing. Ever the sports fan Chris attended as many Seadog and Maimers games this summer as he could get to. He looks forward to time with his friends at the community dinners and Bowl-A-Rama. Chris is excited to start a new job this fall.

Kevin has been the man about town, attending Lifeworks full time, joining Waban’s bowling league, and joining peers at the Church’s community suppers. He blasted to the past this summer seeing The Happy Days, and Love Me Tender plays, and he pressed his luck at the Oxford Casino. Kevin is looking forward to DJing the upcoming Halloween dance.

Lindsay recently celebrated the one year anniversary of her friendship ceremony to Bobby. Her annual beach vacation was as always just the break anyone could need! Lindsay enjoys walking Number One pond, and cared for her vegetable garden this summer. Visits to her parents are always the bright spot of any week.

Jon is all go! Bringing home more ribbons to add to his collection from the season’s Horse shows, watching the monster trucks take flight at Monster Jams, or cheering on local racers at Beechridge. if it goes fast Jon is there.

We hope everyone has a wonderful holiday season.

Jess Pierce,
Residential Program Assistant
Dubois Drive

The ladies at Dubois Drive have been busy throughout the spring and summer. All three ladies celebrated birthdays. Kristine had her birthday in July; next was Tammy and Justina in September. Kristine and Tammy started off the spring season by joining a bowling league. After 11 weeks of fun, Kristine won a First Place team trophy and Tammy got a medal for second highest female score! Way to go, Ladies! Before we knew it, it was time for the Special Olympics!

Kristine participated in the trial games in May and then went to Orono in June where she won 3rd and 4th place ribbons for 50 meter run and softball throw.

Summer was then in full swing where Kristine celebrated a birthday in July with friends and family. Besides going out several times during the summer with her family, Kristine had a wonderful summer! Tammy also had a great summer, spending time outdoors and working on her photography skills. She started a scrapbook to display her pictures. Tammy continues to work at Dunkin Donuts and is now working 4 days a week. The ladies also went to an antique car show at Blast From the Past diner in Waterboro and enjoyed all the “old” cars along with the oldies music. They even did a little dance in the parking lot!

All the ladies enjoyed spending time with their families, attending BBQs, having friends over for dinner. They topped off the summer fun by enjoying a day pool side at the stage Neck inn in York Maine with family. The ladies all like to keep fit and busy. Tammy and Kristine enjoy working out at Planet Fitness, and Justina just got a new stationary bike to keep her fit for the winter!

Now the ladies are looking forward to more good times over the Fall and Winter, especially the Holidays!

Lori Diani
Residential Program Assistant

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Fund Drive

Waban Throughout the Years

For over 50 years Waban has been making a difference in the lives of children and adults with special needs by.

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To join us and help make a difference mail your tax-deductible donation to:

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Staff Appreciation

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Cove Street

The Cove Street folks have been busy over the summer and fall exploring all that our community has to offer. Bert, Richie, and Bonnie enjoyed trips to the beach, learning to tie dye shirts, visiting the animals at the shelter, watching the planes take off and land at the airport, apple picking, and local fairs and festivals.

Bert and Richie spent a day at the Clarks Trading Post for their 90th anniversary, where they enjoyed a Black Bear show and rode on a steam train. Bonnie has been enjoying making new crafts and trying out new recipes. With the help of our creative staff, Bonnie was able to make a paper Mache’ horse!

Nicole spent the summer fishing, volunteering at church dinners, and working out at the YMCA. She recently celebrated her birthday with a cat-themed birthday party. Nicole has been learning new crochet stitches and completed her first baby blanket. Now she is hard at work making warm socks for the winter.

John attended several Sanford Mainer’s games and local church activities. He is excited football season is here and is ready to cheer on his favorite team, the Patriots!

Lynn Buck
Program Administrator
Sunny Lane

The Sunny Lane crew had a sunny summer indeed!

Every other week, Dan participated in adaptive bike riding in Portland and had a blast! He also enjoyed time spent on the boat and participated in the Outdoors Again program through Howe & Howe Technologies. As always, Dan enjoyed many community activities like the ski shows at No.1 Pond, the Apple Festival and the Pumpkin Festival.

Mariya celebrated her birthday in August! She enjoyed dinner, cake, and opening gifts with her family and friends. She continues to enjoy her books and loves being read to while she turns the pages. She always looks forward to her mother’s visits and especially loves when she reads to her. Much like her housemates, Mariya loves being on the go. She often took trips to the beach on the warmer days to enjoy the cool ocean breeze. She also took a few trips to visit her father and enjoyed his trips up to visit her too!

Haydn enjoyed attending a wedding with his family this summer. He also had a great time on a boat ride through Outdoors Again! Haydn loves being outdoors and on the go whenever he has the chance. He went fishing with housemates and family, he went for many walks down to camp and explored new trails. Haydn planted his own garden and tended to it daily. He recently started his weekly horseback riding sessions again and always has a blast!

Tim also started horseback riding and has really enjoyed it. Although his horse’s name is Zippy, Tim says “he’s not so fast!” Tim loves joking around and spending time with his friends. This summer, he planned and hosted a BBQ here at the house! Tim also enjoyed participating with Outdoors Again, going fishing, and spending as much time outside as he could. He had fun with his family at camp and recently enjoyed an overnight trip to see his family in celebration of his birthday!

Kim Lowell
Home Administrator
Riverview A

The gentleman at Riverview sure know how to celebrate summer! Jason and Mike both spent a week at Pine Tree camp.

This was Mike’s 32nd year and Jason’s 36th attending camp. Matt and Jason set off to Fenway Park to rock out with Journey and Def Leppard and spent a weekend at the ocean in Boothbay Harbor.

Mike celebrated his birthday with a party at the bowling alley. He has been volunteering weekly at the Greenwood center during bingo and enjoyed lots of lunch/dinner dates with friends.

Matt hosted his annual BBQ with over 70 people stopping by to eat and say “hi”.

Ron enjoyed cheering on the Sanford Mainers this summer and several trips to the beach.

The guys have been joining together for some group activities as well, attending the pumpkin festival and checking out the planetarium.

Wes Phinney
Home Administrator
2018 Telethon Wall of Supporters

With the generous support of these businesses and organizations, Waban will continue to provide much needed services to the adults and children we serve.
COMING EVENTS

Nov 9  Waban Projects, Inc. Board of Directors meets at 4:30pm at the Main Office
Nov 12 Waban Day Programs closed for Veteran’s Day
Nov 22-23 Waban Day Programs closed for Thanksgiving Holiday
Dec 13 Waban Projects, Inc. Board of Directors meets at 4:30pm
Dec 24-25 Waban Day Programs closed for Christmas
Jan 1  Waban Day Programs closed for New Year’s
Jan 10 Waban Projects, Inc. Board of Directors meets at 4:30pm

WABAN WINDOWS is the quarterly newsletter of WABAN ASSOCIATION, a membership organization whose mission is to promote the welfare of individuals with developmental disabilities, to foster the development of programs in concert with WABAN, the agency that administers the programs; to educate; and to raise funds for the accomplishment of these purposes.

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